

Medical Uniform Guidelines

Many health occupations require the wearing of uniforms. As a student, the wearing of a uniform is encouraged to promote a sense of pride in the Medical Academy at Rancho High School and to show other students the meaning of professional dress.

Uniforms will be worn on Tuesdays, unless otherwise announced. Uniforms will be worn for the entire day. Missed uniform days can only be made up on another day if the student has an excused absence for the day that the uniform was not worn. Make-up days must occur within the week of returning from an excused absence (i.e. If you miss Tuesday, you have until Friday of that week to make it up). Forgetting to wear the uniform will result in a 0 grade. Uniforms will be required for all field trips.

1. Nothing will be worn under the uniform that will detract from their appearance. A **white** or **black** long sleeve t-shirt or turtleneck may be worn underneath the scrub top if the weather is cold. T-shirts must be tucked in. Sweatshirts may **not be worn over** the uniform, as it covers the uniform.
2. Uniforms must be clean and spot free.
3. Students must be in complete uniform for it to "count".
4. Pants may not "sag".
5. Hair must be styled in such a way that is it not allowed to fall into a position that would come in contact with patients (up and away from the face). Hair will be of a natural color.
6. No excessive make-up, perfume/cologne, or jewelry may be worn. Students may wear a watch, one ring per finger, and a single strand necklace that does not interfere with activities or pose any hazards. **NO** facial piercings, dangling earrings, large gauge earrings, or glitter.
7. Nails should be natural and not interfere with patient care or operation of equipment (not to exceed ½ cm over tip of finger). No extreme polish or designs.
8. Shoes must be closed toe. **NO** platforms, high heels, or sandals/flip-flops. White is preferred.
9. Magnet pins are worn above the magnet logo.
10. Remember to look professional and appropriate. When in uniform you are representing the Medical Academy at Rancho High School.

The Rancho High School Academy of Allied Health and Medicine faculty and administration reserve the right to make individual determinations on professional appearance. CCSD dress code regulations will be followed at all times.

